








The Cardinal Retirement Residence



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>3:00 Afternoon Tea 8:00 Evening Social</p> 	<p>2</p> <p>9:30 Physiotherapy 10:30 Word Scramble 2:00 Bowling on Wii 3:00 Coffee time!</p>	<p>3</p> <p>10:30 Exercises 1:30 Bonus Bingo 3:00 Coffee Break 8:00 Evening Social</p>	<p>4</p> <p>10:30 Stretching Class 1:30 Tree Decorating in Lounge 3:00 Coffee Break 8:00 Evening Social</p>	<p>5</p> <p>10:30 Stretching Class 1:30 Manicures 3:00 Afternoon Tea 8:00 Evening Social</p>	<p>6</p> <p>9:30 Physiotherapy 10:30 Christmas Carol Matching Game 2:00 Bingo 3:00 Afternoon tea 8:00 Evening Social</p>	<p>7</p> <p>3:00 Coffee/ Tea break 8:00 Evening Tea</p>
<p>8</p> <p>3:00 Afternoon Tea 8:00 Evening Social</p> 	<p>9</p> <p>9:30 Physiotherapy 10:30 Art in Colouring Books + Connect the Dots 1:30 Maddy on piano! 2:00 Scrabble 3:00 Coffee time!</p>	<p>10</p> <p>10:30 Exercises 1:30 Bonus Bingo 3:00 Coffee Break 8:00 Evening Social</p>	<p>11</p> <p>10:30 Stretching Class 1:30 Dominos + Card Games 3:00 Coffee Break 8:00 Evening Social</p>	<p>12</p> <p>10:30 Stretching Class 1:30 Manicures 6:30- 8:30 Christmas Party!!!</p>	<p>13</p> <p>9:30 Physiotherapy 10:30 Painting with water Colours 2:00 Bingo 3:00 Afternoon Tea 8:00 Evening social</p>	<p>14</p> <p>3:00 Coffee/ Tea break 8:00 Evening Tea</p>
<p>15</p> <p>3:00 Afternoon Tea 8:00 Evening Social</p> 	<p>16</p> <p>9:30 Physiotherapy 10:30 Crosswords 1:30 Christmas Cookie Decorating 3:00 Coffee time!</p>	<p>17</p> <p>10:30 Exercises 1:30 Bonus Bingo 3:00 Coffee Break 8:00 Evening Social</p>	<p>18</p> <p>10:30 Stretching Class 1:30 Christmas Crafts 3:00 Coffee Break 8:00 Evening Social</p>	<p>19</p> <p>10:30 Stretching Class 1:30 Manicures 3:00 Afternoon Tea 8:00 Evening Social</p>	<p>20</p> <p>9:30 Physiotherapy 10:30 Scrabble+ Trivia 2:00 Bingo 3:00 Afternoon Tea 8:00 Evening Social</p>	<p>21</p> <p>3:00 Coffee/tea break 8:00 Evening Tea</p>
<p>22</p> <p>3:00 Afternoon Tea 8:00 Evening Social</p> 	<p>23</p> <p>9:30 Physiotherapy 10:30 Wii SPORTS 2:00 Afternoon Movie & Popcorn 3:00 Coffee time!</p>	<p>24</p> <p>CHRISTMAS EVE 10:30 Exercises 1:30 Bonus Bingo 3:00 Coffee Break 8:00 Evening Social</p>	<p>25</p> 	<p>26</p> 	<p>27</p> <p>9:30 Physiotherapy 10:30 Crosswords 2:00 Bingo 3:00 Afternoon Tea 8:00 Evening Social</p>	<p>28</p> <p>3:00 Coffee/tea break 8:00 Evening Tea</p>
<p>29</p> <p>3:00 Afternoon Tea 8:00 Evening Social</p> 	<p>30</p> <p>9:30 Physiotherapy 10:30 Scrabble+ Dominos 2:00 Horse Racing 3:00 Coffee time! 8:00 Evening social</p>	<p>31</p> <p>10:30 Exercises 2pm Birthday Celebration & New Year's Eve Party!! 3:00 Coffee Time!</p>			