

The Cardinal Retirement Residence

10 Herkimer St, Hamilton, ON L8P 2G2

Phone (905) 525-0338



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1</p> <p>9:30 Physiotherapy 11:00 Crosswords 1:30 Fall Crafts 3:00 Coffee time! 3:30 Scrabble</p>	<p>2</p> <p>9:30 Exercises 1:30 Bonus Bingo 3:00 Coffee Break 3:30 Patio time! 8:00 Evening Social</p>	<p>3</p> <p>9:30 Stretching Class 11:00 Music Trivia 1:30 Word Scramble 3:00 Coffee Break 8:00 Evening Social</p>	<p>4</p> <p>9:30 Exercises 1:30 Manicures 3:00 Afternoon Tea 3:30 Resident meeting 8:00 Evening social</p>	<p>5</p> <p>9:30 Physiotherapy Class 11:00 Horseracing 2:00 Bingo 3:00 Afternoon Tea 8:00 Evening Social</p>	<p>6</p> <p>6:30pm Evening Movie 8:00 Evening Tea</p>
<p>7</p> <p>3:00 Afternoon Tea 8:00 Evening Social</p> 	<p>8</p> <p><i>Happy Thanksgiving</i></p> 	<p>9</p> <p>9:30 Exercises 1:30 Bonus Bingo 3:00 Coffee Break 3:30 Patio time! 8:00 Evening Social</p>	<p>10</p> <p>9:30 Stretching Class 11:00 Crosswords 1:30 Word Scramble 3:00 Coffee Break 8:00 Evening Social</p>	<p>11</p> <p>9:30 Exercises 11:00 Bowling 1:30 Manicures 3:00 Afternoon Tea 8:00 Evening social</p>	<p>12</p> <p>9:30 Physiotherapy Class 10:45 Music Remedy 2:00 Bingo 3:00 Afternoon Tea 8:00 Evening Social</p>	<p>13</p> <p>6:30pm Evening Movie 8:00 Evening Tea</p>
<p>14</p> <p>3:00 Afternoon Tea 8:00 Evening Social</p> 	<p>15</p> <p>9:30 Physiotherapy 11:00 Crosswords 1:30 Muffin Monday! 3:00 Coffee time! 3:30 Scrabble 8:00 Evening Social</p>	<p>16</p> <p>9:30 Exercises 1:30 Bonus Bingo 3:00 Coffee Break 3:30 Patio time! 8:00 Evening Social</p> 	<p>17</p> <p>9:30 Stretching Class 2:00 Oktoberfest with Peter on the accordion!! 8:00 Evening Social</p>	<p>18</p> <p>9:30 Exercises 11:00 Horseracing 1:30 Manicures 3:00 Coffee Break! 8:00 Evening Social</p>	<p>19</p> <p>9:30 Physiotherapy 11:00 Crosswords 2:00 Bingo 3:00 Afternoon Tea 8:00 Evening Social</p>	<p>20</p> <p>3:00 Coffee/tea break 6:30pm Evening Movie 8:00 Evening Tea</p>
<p>21</p> <p>3:00 Afternoon Tea 8:00 Evening Social</p> 	<p>ELECTION DAY! 22</p> <p>9:30 Physiotherapy 11:00 Crosswords 1:30 Maddy on piano! 3:00 Coffee time! 3:30 Scrabble</p>	<p>23</p> <p>1:30 Bonus Bingo 3:00 Coffee Break 3:30 Patio time! 7:00 Birthday Party with Brad Boland!! 8:00 Evening Social</p>	<p>FOOT CARE TODAY 24</p> <p>9:30 Stretching Class 11:30 Lunch at the Mandarin 3:00 Coffee Break 8:00 Evening Social</p>	<p>25</p> <p>9:30 Exercises 11:00 Bean Bag Toss 1:30 Manicures 3:00 Coffee break! 8:00 Evening social</p>	<p>26</p> <p>9:30 Physiotherapy 11:00 Horseracing 2:00 Bingo 3:00 Afternoon tea 8:00 Evening Social</p>	<p>27</p> <p>6:30pm Movie 8:00 Evening Tea</p>
<p>28</p> <p>3:00 Afternoon Tea 8:00 Evening Social</p> 	<p>29</p> <p>9:30 Physiotherapy 11:00 Crosswords 1:30 Pumpkin Carving 3:00 Coffee time! 3:30 Scrabble</p>	<p>30</p> <p>9:30 Exercises 1:30 Bonus Bingo 3:00 Coffee break 3:30 Patio time! 8:00 Evening Social</p>	<p>HAPPY HALLOWEEN 31</p> <p>9:30 Stretching Class 11:00 Music Trivia 1:30 Word Scramble 3:00 Coffee Break 8:00 Evening Social</p>			